**Susan Williams – Rheumatoid Arthritis**

**Overview:**  
Susan Williams is a 53-year-old marketing executive with rheumatoid arthritis. She experiences joint pain and swelling, particularly in her hands and feet. She lives at 345 Birch Road, Westfield, NJ, 07060. Contact number: (555) 567-8901.

**Medical History:**

* **Past Medical History:** Diagnosed with rheumatoid arthritis at age 45. Developed anemia 2 years ago.
* **Surgical History:** None.
* **Family Medical History:** Mother had rheumatoid arthritis; father had gout.
* **Allergies:** Allergic to sulfa drugs.
* **Medications:** Uses disease-modifying antirheumatic drugs (DMARDs) and nonsteroidal anti-inflammatory drugs (NSAIDs).
* **Lifestyle:** Follows a balanced diet, engages in moderate exercise, and is a non-smoker.

**Previous Doctors:**  
Dr. Jessica Adams, a rheumatologist, manages her rheumatoid arthritis with medication and physical therapy. Dr. Robert Miller, her primary care physician, oversees her overall health.

**Symptoms:**  
Susan experiences joint pain, swelling, and stiffness, particularly in the morning. Symptoms are managed with medication and physical therapy.

**Diagnosis:**  
Rheumatoid arthritis was diagnosed through clinical evaluation and blood tests showing elevated rheumatoid factor.

**Treatment:**  
Treatment includes DMARDs, NSAIDs, and regular physical therapy.